

## **Education musicale et langues vivantes**

### **1 - Warming up :**

a – Move your body

Make a circle.

Be quiet.

Don't move anymore and listen to the silence.

Choose a comfortable position (feet, body, arms, head).

Turn slowly your head to your right, to your left.

Move your head slowly

Bend your knees

Wiggle your hips

Raise your right / left shoulder

Rub your hands

Tap on your (left or right) arm from the hand to the shoulder

Listen to the rhythm and don't accelerate

b – Warm up your voice

Produce the sound you like

Produce the sound I say [S] , [Z] , [θ] , [ð] and touch your throat.

Modulate your voice as you want.

Produce a sound and keep it the longer you can

Produce a sound and change it : higher or lower, softer or louder

Listen to the music we can produce (cluster)

### **2 – Learning**

Listen to me

Listen to the CD

Listen and repeat what I say or what I sing

Listen and say the words (without singing)

listen and pronounce correctly the words, the sentences

(It's) my turn, (it's) your turn.

Let's sing alltogether

Modify the way you sing : you feel happy, sad, anxious, angry, tired...

Change your voice : have a duck, a bear, a turkey, an old lady , ... voice.

Change the rythm of the song : sing slowly, quickly, fast / slower, quicker, faster

### **3 – Non guided production**

Get into pairs or into groups

Make groups of 4

Choose a song or a nursery rhyme

Find another way to sing or say it.

You've got seven minutes to work and then you'll show the class what you created